

# PAY IT FORWARD

## 10 Simple Ways to Serve the Community Around You

**1. Provide a Meal for a Friend or Neighbor**

Whether you make it yourself or have it delivered, freeing someone up from having to cook or figure out dinner really goes a long way.

**2. Shovel Someone's Driveway or Walkway**

Winter is here! And in most places that means SNOW. Lend a helping hand, and shovel!

**3. Clean It Up**

Take a stroll through your community or neighborhood and pick-up trash or leaves.

**4. Donate Old Clothes/Housewares to Your Local Charity or Family in Need**

We all tend to accumulate. Spend 30 minutes going through your closets. What may not be useful to you may be very valuable to another!

**5. Make Goodie Bags for the Homeless**

For \$20 or so, you can make ten goodie bags to store in your car. Pick up some brown paper bags, bottled water, protein bars, travel size toothbrushes and toothpaste, and whatever else you would like to add, and hand them out when you're out and about.

**6. Volunteer Your Time to Be with Others**

Find a senior center or nursing home in your area and spend time with the residents playing games. You make new friends and bring smiles to their faces!

**7. Get Crafty and Donate to Your Local Hospital**

Knit hats for newborn babies. Make decorations for Patients' doors. Make signs of appreciation for the Doctors/Nurses. Deliver flowers to a stranger. Say a prayer for someone hurting.

**8. Volunteer at a Non-Profit Organization**

Share your talents! There are always things to do – take a day off to stuff envelopes, answer phones, write letters, build baskets, sew, walk dogs, play, help with the books, etc.

**9. Mentor or Tutor a Child**

There are lots of ways to raise up our youth in the way they should go. Help with homework, play sports, take them out for lunch, hear their story, take them on an adventure. Be a positive influence.

**10. Organize a Fundraiser**

Times have been tough this year. Go out of your way to raise money for a special cause or person in your community.

**We want to recognize your acts of kindness! Don't forget to tag us on Facebook (@ToniBlake) and share what you're doing to give freely! #1Mmoments**

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